

2018 NORTH ZONE TISCA TIME STANDARDS

| GIRLS | | BOYS |
|--------------|------------------|-------------|
| 2:10.00 | 200 MEDLEY RELAY | 1:55.00 |
| 2:08.00 | 200 FREESTYLE | 1:58.00 |
| 2:30.00 | 200 IND. MED | 2:13.00 |
| 27.50 | 50 FREESTYLE | 24.00 |
| 11.3 | 1 METER DIVING | 11.3 |
| | 3 METER DIVING | |
| 1:08.00 | 100 BUTTERFLY | 1:00.50 |
| 59.50 | 100 FREESTYLE | 54.50 |
| 5:43.00 | 500 FREESTYLE | 5:18.00 |
| 1:58.50 | 200 FREE RELAY | 1:45.50 |
| 1:10.00 | 100 BACKSTROKE | 1:05.00 |
| 1:19.50 | 100 BREASTSTROKE | 1:10.50 |
| 4:00.00 | 400 FREE RELAY | 3:45.00 |